



# BREAKTHROUGH TRAIL 5K

SATURDAY, NOVEMBER 4, 2023 – PETERSBURG, VA  
AT PAMPLIN HISTORICAL PARK

### Starting Time and Place

9:00 a.m. Pamplin Historical Park-Hart Farm  
6915 Duncan Rd., Petersburg, VA 23803  
Race Day Registration: 7:30 a.m.-9:00 a.m.

### Course

Race will take place on historic Civil War battlefield trails starting and finishing at the Hart Farm. The course is a mixture of uneven gravel and dirt trails.

### Entry

\$30 Adults/\$10 Youths 17 and under **Early Registration** postmarked by October 13, 2023 to guarantee t-shirt. Includes Park admission.

\$35 Adults/\$15 Youths 17 and under after **October 13, 2023** and race day (No guarantee of t-shirt). Includes Park admission.

**Mail entry payment to:**  
Breakthrough Trail 5K  
6125 Boydton Plank Road  
Petersburg, VA 23803

**Make checks payable to:**  
Pamplin Historical Park  
**On-line entry & payment at:**  
RunSignUp.com

### Awards

Top 3 Overall Finishers (male/female) and in each age-specific category

### Adult Groups

Ages 18-29; 30-50; 51+

### Youth Groups

Ages 11 and under; 12-14; 15-17

No strollers or children in carriers of any type permitted on the race course. No exceptions.

### Race Information

Race Director  
(804) 861-2408  
www.pamplinpark.org

### Sponsors:

Pamplin Historical Park Tri-Cities Road Runners

No refunds, exchanges or transfers. Race held rain or shine.

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### ENTRY FORM: BREAKTHROUGH TRAIL 5K

First Name (please print) \_\_\_\_\_ MI \_\_\_\_\_ Last Name \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Email \_\_\_\_\_

Age on Race Day \_\_\_\_\_ Date of Birth \_\_\_/\_\_\_/\_\_\_  Female  Male T-SHIRT:  S  M  L  XL

### Runners/Walkers Agreement Waiver, Release & Acknowledgement

All runners/walkers are required to sign the waiver below. Registrations that are not signed will not be processed.

I know that running is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I assume any risks associated with running this event including, but not limited to, falls, contact with other participants, and the effects of weather and conditions of the trail. I understand I am solely responsible for my own safety while traveling to and from or participating in this event. Knowing these facts and in consideration of your acceptance of my entry, I hereby for myself, my heirs, executors, administrators, or anyone else who might sue on my behalf covenant not to sue, and waive, release, and discharge Pamplin Historical Park, Tri-Cities Road Runners, the sponsors or contributors to this event, any race officials, volunteers, the city and police agencies, their representatives successors or assignees from any and all claims of liability for death, personal injury, or property damage of any kind or nature whatsoever arising out of, or in the course of my participation. The release form and waiver extends to all claims of every kind or nature whatsoever, foreseen and unforeseen, known and unknown. The undersigned further grants full permission to use any photographs, video tapes, motion pictures, recordings or another record of the event for any purpose. Minors will be accepted with a parent's signature.

Signature of Runner/Walker \_\_\_\_\_ Date \_\_\_\_\_

Signature of parent/guardian  
(if runner/walker is under 18) \_\_\_\_\_ Date \_\_\_\_\_